# COLLEGE BOUTID Sprins 2019



Wednesday, May 15, 2019 | Special Advertising Supplement

Kennebec Journal | Morning Sentinel

# The University of Southern Maine: The University of Everyone

# SUBMITTED BY THE UNIVERSITY **OF SOUTHERN MAINE**

Special to College Bound

hen you stroll across one of the University of Southern Maine's (USM) three campuses in Portland. Gorham and Lewiston, there are two things you are sure to see; people just like you and people different from you.

USM prides itself on its rich mix of students. We are a place where no matter your background, age or experience, you will fit in and feel welcome. And you'll greatly benefit from learning in such a diverse community located in one of the most dynamic areas in the country.

# Welcome to the University of Everyone.

## USM is the university of high achievers.

Top high school students are attracted to USM because of our outstanding faculty, rich array of programs, research facilities, location, low cost and generous merit scholarships. Many are also excited to join the Honors Program, where every student is guaranteed an overseas experience within their first two years.

# USM is the university of the determined.

Whether you were an "A" student in high school or wished you were, whether you are returning to college after many years or trying it for the first time — if you are determined and committed to working hard, you can thrive at USM. And USM will help you every step of the way with its team of advisors, tutoring services, and faculty committed to your success.

# USM is the university of multi-taskers.

USM is known for being a student body of people juggling many responsibilities. Many of our students attend classes while leading a campus group, holding down a job or raising a family - and sometimes all three. You won't find harder working students anywhere.

# **USM** is the university of New Mainers.

USM is the university of choice to those who have recently arrived to our state, and we continue to work very hard on making sure all our students feel welcome and safe.

# USM is the university of those who have served our nation.

USM has more students who are veterans



than any other university in Maine. We offer a designated space for those who have served, and special support and services are provided to ensure our veterans successfully transition from military to university life and that they enjoy continued success on their way to a degree.

# USM is university of the talented.

USM attracts incredible talent to our athletic fields and performance stages. The home of over 500 student-athletes in over 22 NCAA Division III teams, USM has had All-Americans and has won numerous titles in several sports even a few national NCAA championships. Our music and theater programs, meanwhile, are considered among the very best in the

# USM is the university of students wanting real-world experience.

Because USM is located in the economic, health care and cultural heart of northern New England, our students gain unparalleled hands-on and practical experience in their chosen field of study and make invaluable

contacts that help launch their careers after graduation.

Whether it's working with major corporations, small businesses, law firms and banks near our Portland campus, doing clinicals and research in Maine's only teaching hospital, conducting hands-on field work with social service agencies, teaching in schools with diverse populations, or working with government officials on public policy initiatives, USM offers a wide range of opportunities that are difficult to match.

Plus, you'll be living in or near one of the most exciting and livable small cities in America, with an abundance of dining, music, theater and recreational opportunities.

And USM is the university of those who succeed.

With our outstanding faculty, exceptional programs, student support, public university tuition rate, financial aid, and strong community connections in our special location, USM students are poised to succeed.

And just as you won't go to any business or organization in the region without bumping into USM graduates in leadership positions, you also won't find a better educational value and path to your future.

That is the University of Everyone.



# FIND YOURSELF HERE

ACADEMIC EXCELLENCE
REAL-WORLD EXPERIENCE
AFFORDABLE
STUDENT-FOCUSED

usm.maine.edu/everyone



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# How to make applying to college less stressful

pplying to colleges is exciting for many high school students. But that excitement is sometimes hampered by anxiety. The college application process can affect students' lives for years to come, so it's understandable why some teenagers might feel stressed as they apply to college.

The National Center for Educational Statistics says 69 percent of high school graduates in the United States enroll in college the fall after graduating from high school. Many students begin applying to college before entering their senior year of high school. Students can employ various strategies to make applying to college less stressful.

# Create an inventory of student experiences and awards

When completing their college applications, students submit a variety of materials. In addition to students' track records in the classroom, schools will be interested in kids' extracurricular activities, hobbies, volunteer work, and even things they do during their free time.

Parents and students can work together to develop a master list that includes information about what students have accomplished during high school. These may include involvement in certain clubs, participation in sports teams, advanced ranking in scouting programs, or even a list of books read. Having this document handy will make it that much simpler to fill out college applications.

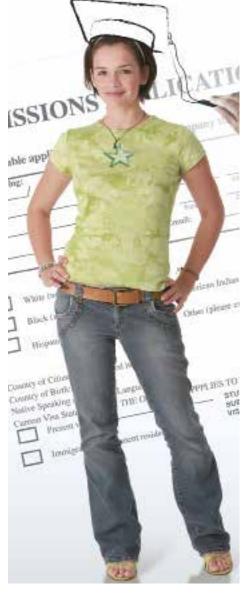
# **Investigate the Common Application**

The Common Application began as a niche program for select private liberal arts colleges, but now has grown into an organization that services more than 750 schools. The organization enables students to create an account and complete one basic form that will be accepted by all institutions who are members. The CA helps students streamline the college application process and reduce redundancy. An alert system also helps applicants manage application deadlines.

# **Avoid applying everywhere**

Some students think that applying to dozens of schools will improve their chances of being admitted. However, applicants may be wasting their time applying to schools they have no intention of attending, and that only adds to the stress of meeting deadlines. Narrow down the possibilities to a handful of favorite schools and go from there.

**Use the resources at your disposal** Students who have access to guidance



counselors, mentors, college centers, or even teachers who are willing to help with the application process should use these resources wisely. In addition, iPhone and Android apps can help streamline the college application process.

## Consider scholarships concurrently

Some schools automatically consider applicants for scholarships, grants and workstudy programs. But that's not so with every school, so students may have to apply on their own or rely on third parties for scholarships. Fastweb is a leading online resource to find scholarships to pay for school.

Advance preparation can make the college application process a lot less stressful for students and their parents.



# Give campus life a "green" makeover

College is full of challenges. While studying, socializing, joining clubs and getting good grades are probably on college students' priority lists, young people also can think about living green on campus.

Data from Nielsen points to millennials as being an eco-conscious generation. Millennials are willing to pay extra for sustainable offerings, and they tend to stick to brands that have established a reputation for environmental stewardship.

Even though college students may have packed schedules, they can still manage to keep the planet in mind as they live and educate themselves. Here are just a few ways college students can live green in dorms and incorporate eco-friendly practices into their studies as well.

- Live on campus. One green idea is to skip the commute to and from classes and reside right on campus in dormitories or nearby student housing. According to the United States Environmental Protection Agency, transportation is responsible for 13 percent of the world's greenhouse gas emissions. Living close to the classroom can help reduce emissions.
- Recycle as much as you can. Whether it's plastic, paper, aluminum or books, put recyclable items in the proper receptacles. Find ways to lend or give away items that you may no longer need, such as last semester's textbooks. Recycling cuts back on the size of landfills and lowers the demand for the production of new materials.

- Buy and dine locally. Choose sustainable, organic and locally-produced items when shopping or dining out. This can include locally-made furnishings and supplies, as well as farm-to-table restaurants.
- Walk or bike. Leave the car in its parking spot and walk or bike to nearby events. It's good exercise and good for the planet as well.
- Borrow dorm room items. Scout out items from family members or friends that can be used to equip a dorm room. Chances are you can find people willing to give you or loan out chairs, a small table, desk, electronics, and more. Borrowing enables you to buy less.
- **Take e-notes.** Bring a tablet or laptop to class and take electronic notes. This cuts back on paper usage and will enable you to have all notes in a compact file.
- **Use LED lights.** Illuminate your dorm room and work station with lamps that use LED lights, which burn significantly less energy and last much longer than incandescent bulbs.
- Enroll in an environment-focused class. Enroll in Environmental Science or a similar course that teaches you more about the impact industry and personal living has on the environment. Take what you know to educate others about what they can do to be more eco-conscious.

Going green on campus can have a profound impact on students and their futures.

# Four Ways UMA Makes College Affordable

SUBMITTED BY UMAINE AUGUSTA Special to College Bound

aying for college can be one of the hardest parts of your education, but it doesn't have to be. The

University of Maine at Augusta (UMA) offers four ways to make the cost of your college education more affordable.

**Low tuition cost -** UMA has one of the least expensive in-state tuitions for undergraduate courses in Maine. With UMA's Pine Tree State Pledge, you may not have tuition costs at all! To qualify for zero tuition, students must be Maine residents, Pell grant eligible, and be a new student (either first-time or transfer). Both full-time and part-time students can qualify. As noted by UMA President Rebecca Wyke, "The Pine Tree State Pledge has tremendous potential for Maine people and is consistent with UMA's mission to transform the lives of students of every age."

**Scholarships –** Scholarships are financial awards that do not have to be repaid. With more than 80 different scholarships, UMA awards over a million dollars in scholarships each year! There are scholarships for new and returning students, younger students and adults completing their degree. For example, adults returning to school after a 3-year absence could qualify for up to \$16,000 with the Adult Degree Completion Scholarship.

Location, location - UMA has more than 40 locations to complete college courses. Two campuses (Augusta and Bangor), eight Centers (from Saco to Houlton), and 32 course sites (including four islands off the coast) means your UMA course is close to your home or workplace. Plus, UMA offers 13 degree programs that are 100 percent online.

Career-focused education - Increase your earning potential. UMA offers 31 bachelor's degree programs and more than 40 certificates that are geared toward expanding your job opportunities. UMA grads are working in high-demand and lucrative fields such as mental health and human services, business management, computer information systems and cybersecurity, dental hygiene and veterinary technology.

UMA makes earning your degree affordable and the education you receive will propel you to the next level of your career. Kendra Zarella, an online student in Kennebec County, Maine, sums it up well. "I work two full time jobs, I take three classes, and I am a full-time mom. I'm very fortunate and lucky to have the opportunity to do my studies on the go. I love UMA. The courses are flexible, they are very affordable, and the school works great for me."

For more information, visit *uma.edu*, stop by one of the University's many locations, or call 207-621-3465.



Contributed photo

Dental Hygiene Student, Jessie Sepulvado, front, is excited about joining the Moose Family at the 2019 Spring Accepted Student Day.

# YOUR UMA DEGREE IS CLOSER THAN YOU THINK!

- 10 locations from Saco to Houlton
- Online courses & degree programs
- Dedicated student support
- Affordable tuition
- Scholarships & financial aid available





www.uma.edu

1.877.UMA.1234

# SMCC transforms lives through education and training

# Southern Maine Community College is Maine's oldest, largest and most diverse community college

# SUBMITTED BY THE SOUTHERN MAINE COMMUNITY COLLEGE

Special to College Bound

Located on picturesque Casco Bay, SMCC's South Portland Campus offers a wide range of opportunities for students to start their college careers or learn in-demand job skills that are vital to Maine employers. The College's state-of-the-art Midcoast Campus in Brunswick offers many the same programs and services in a convenient

location for those living north of the Portland area. For added convenience, SMCC offers a growing number of online degrees and courses, and classes at community satellite locations throughout southern Maine.

While SMCC has grown and evolved since its founding in 1946, its goal has remained the same — to transform lives and communities through education and training. Here are three students whose lives have been transformed by SMCC.



# **DORCAS NGALIEMA: STUDENT OF THE YEAR**

Dorcas Ngaliema planned to study electrical engineering when she first came to SMCC. But the wide variety of academic programs allowed her to explore her interests and discover her passion for political science.

Last month, she was named SMCC's Student of the Year for her academic success, leadership, and campus and community involvement.

Dorcas' family moved from South Africa to Maine when she was 17 for the opportunity to build a bright future in America.

After graduating from Portland High School, she came to SMCC for its affordability. She liked political science so she could better understand why political systems work the way they do, both here in the U.S. and internationally.

Dorcas graduated at SMCC's May 12 commencement and now plans to earn her bachelor's degree and go to law school. Her ultimate goal is to become an immigration lawyer.

"SMCC is about more than affordability; it has really good academic programs and the professors have our backs. I like that the school encourages students to continue their education after they graduate, and that it teaches students to develop leadership skills. And I like the diversity of the students."



## **WILL CHABOT: LOVE OF LEARNING**

When Will Chabot graduated from high school in 2014, he didn't see the point of going to college. But his viewpoint took an about-face when he enrolled at SMCC three years later.

After high school, Will worked as a cashier at a retail store and then as a repairman at a cell phone repair shop. He eventually decided to give a college a try — but with no expectations.

After arriving at SMCC in 2017, it didn't take him long to appreciate the value of college, a 180-degree change from high school when he thought he could learn whatever he needed on the internet.

Will earned a perfect GPA at SMCC and graduated May 12 with a degree in pre-engineering. Beyond engineering, he took a wide range of classes — entrepreneurship, leadership, welding, precision machining and philosophy, to name a few — simply for the learning experience.

Will is now transferring to the University of Maine. In time, he hopes to have his own business researching and developing new STEM-related products and devices.

"The point of college is all the connections. It's being in class talking to people who have been there and done that. It's about people who are doing it here and now. It's about the experience."



# **QUINDELYNNE HASLER: MITCHELL PEACE SCHOLAR**

Coming to SMCC has opened up new opportunities for Quindelynne Hasler that she never imagined. Her academic program has provided her the in-depth video production training she wanted and has led to work on a multi-day music video and a job as a news assistant at WGME-TV. Now she's been awarded a prestigious George J. Mitchell Peace Scholarship to study in Ireland next year.

Quindelynne graduated high school in a small farming town in Minnesota and decided to come to SMCC to earn a degree in Communications & New Media Studies. She lived in Maine as young child and has relatives here.

When she arrived, she was pleasantly surprised with the wide offerings in filmmaking and video production as well the film equipment.

Next spring, she will study at the Cork Institute of Technology in Cork, Ireland, through the Mitchell Scholarship, which is named for former U.S. Sen. George Mitchell and pays for tuition, housing, meals and other expenses. She plans to bring a video camera and make a documentary of her time there.

When she graduates, she hopes to continue her education, possibly in journalism to fulfill her dream of becoming a documentary filmmaker.

"I ended up throwing myself into the deep end of the Communications & New Media program. Everything I've done here has stemmed from the program. I keep very busy."

# Be aware of all of the costs for college

College is often met with excitement and interest by students pursuing their passions and what they hope will be fulfilling, lucrative careers. And the rising costs of college, coupled with the growing number of students taking on substantial debt to finance their educations, make it necessary that prospective students consider their earning potential when deciding on a major.

According to the College Board, the average cost of college tuition and fees for the 2017-2018 school year in the United States was \$34,740 at private colleges, \$9,970 for state residents at public colleges, and \$25,620 for out-of-state residents attending public universities. Canadian citizens studying in Canada can expect to pay \$6,571 per year, according to Statistics Canada.

The cost of tuition and room and board may catch parents' eyes, but there are some lesser-known expenses associated with college that can make attending school even more expensive. According to *Cappex.com*, a website offering ideas on how to pay for college, the extra costs of college can cost between \$250 and \$500 per month.

The following are some lesser-known expenses that college students and their families may need to budget for this school year.

• **Transportation:** Commuter students will need to drive to and from campus, which involves budgeting for gas, repairs and auto insurance. Students who live on campus may be subjected to a high fee for a resident student parking pass. Colleges in the United States earn an average of \$4 million



to \$5 million in parking revenues each year, according to the most recent rate study from the National Parking Association. A typical four-year college or university in the United States charges about \$635 per space for the school year. Other students use public transportation or ridesharing

services to get around. Those fees can quickly add up, too. Students attending school far away from home also need to budget for plane tickets home during the holidays and other breaks.

- Fraternities and sororities: Many students join Greek organizations to fully immerse themselves in the college experience and make new friends. Many of these groups charge fees to prospective pledges and then semester dues once students are accepted. Parties, trips, living expenses and other expenses may come up as well.
- Added fees: Many colleges and universities charge technology fees, sports center fees and activity fees. Exploring these fees in advance of the school year can help families create accurate budgets.
- **Dining out:** Families spend hundreds of dollars on campus meal plans per semester, but students also like to visit local eateries during the school year. Snacks, lunches and dinners purchased from such establishments can cost hundreds of dollars per year. Farmer's Financial Solutions, a division of Farmer's Insurance, says off-campus dining expenses cost an average of \$770 a year.
- School supplies: A new laptop or tablet, textbooks and other supplies a professor requires can cost thousands of dollars. The College Board estimates students spend \$1,300 on books and supplies in a typical school year.

The cost to attend college extends beyond tuition and room and board. Many additional expenses can stretch families' budgets.



# Factors to consider before pursuing an advanced degree

dvanced degrees have long been associated with better career prospects and higher earnings. Women seem to be especially aware of that, as the Council of Graduate Schools/GRE Survey of Graduate Enrollment and Degrees noted that, in the fall of 2017, the majority of firsttime graduate students at all levels were women. Among master's degree candidate's that fall, 59 percent were female while 53.5 percent of doctoral candidates were women.

The decision to pursue an advanced degree requires careful consideration. Such a pursuit requires a considerable investment of time and money, and while those are two important factors to consider before making a decision (more on that below), they're not the only things students must think of as they try to make the best decision.

### **TIMING**

Timing and time are two different things. While many people considering graduate degrees think about how much time they'll need to complete their degrees, timing also merits consideration. Newly minted graduates may want to take a break after expending so much effort to earn their undergraduate degrees. Taking time between degrees can provide the opportunity to recharge, and it also can give young graduates a chance to get some professional



experience. That experience can inform their future grad school decision, perhaps reassuring them they're on the right career path or compelling them to pursue other avenues. But enrolling right after completing your undergraduate studies can be beneficial as well. That's especially so for recent grads who hope to start a family soon after graduation. The longer you delay enrolling in a graduate program, the longer you may delay starting a family, which can have a lasting impact.

# **CAREER PROSPECTS**

While it's easy to assume an advanced degree will greatly enhance your career prospects and increase your earning potential, it's not necessarily that simple. When considering the pursuit of an advanced degree, try to determine if you'll be in the workforce long enough to benefit from the increased earnings. Women who are mid- to late-career might not benefit considerably or at all from the extra earnings if they're paying for their advanced degrees themselves, as the cost

of tuition and other fees might be higher than the extra earnings. In addition, some advanced degrees won't necessarily lead to considerably higher salaries than you're likely to earn with a bachelor's degree. That will depend on your profession.

The time required to pursue an advanced degree merits strong consideration. Many students pursuing a master's degree fulltime can earn their degrees in two years, while those who attend part-time will need more time to complete their degree programs. Doctoral programs take considerably longer.

### COST

The cost of an advanced degree varies widely depending on the program. Some programs may cost \$20,000 or less, while others will cost more than \$100,000. Many doctoral candidates receive financial aid from their schools or lenders, but the cost of a Ph.D. is still considerable, especially when considering the potential lost earnings during the years while the degree is being pursued.

Women receive the majority of advanced degrees earned at colleges and universities across the country. Choosing whether or not to pursue such a degree requires careful consideration of a host of factors.

know?

According to estimates from the U.S. Department of Education, women have earned a disproportionate share of college degrees compared to men over the last 12 years. In 2018, women were on target to earn 141 college degrees at every level for level y 100 degrees curried symbol. Sin't all that recent, as women have earned the majority of degrees at every level of higher education for years and, in many cases, several decades. For example, DOE statistics indicate that women have earned the majority of associate's degrees every year since 1978 and the majority of bachelor and the majority of master's degrees every years. For example, DOE statistics indicate that women have earned the majority of associate's degrees every year since 1978 and the majority of bachelor's degrees every year since 1982. That trend also is reflected in postgraduate degrees, as women have earned the majority of master's degrees every year

> The female majority in regard to doctoral degrees earned is a relatively recent yet still impressive trend that dates back to 2007. Estimates suggest these trends will continue, as DOE forecasts suggest that, by 2027, women will earn 151 college degrees for every 100 degrees earned by men.





# The UMaine Aspirations and Academ-e programs

SUBMITTED BY UMAINE EARLY COLLEGE Special to College Bound

he University of Maine, the state's premier research university, recognizes the importance of early college programs for Maine high school students aspiring to attend college.

The UMaine Aspirations and Academ-e programs offer an opportunity for high school students to enroll in college courses taught by world-class faculty at the University of Maine. Through a partnership between the Maine Department of Education and the University of Maine System, tuition is waived for all qualified high school students in Maine for up to 12 college credits per year.

The data is clear: If students of this generation do not get a college education, they are less likely to find a job that pays enough to support themselves and their families. By 2020, more than 65 percent of U.S. jobs will require higher education. Only 42 percent of Mainers hold education and workforce credentials that position this state and its families for success.

How can we increase student access to higher education? This is a question we have been working to answer for our students living in Maine. In particular, how can the University of Maine help more students earn a college degree? One approach that shows promise is exposing them to college courses and the college experience while they are still in high school. Early college programs boost students' interest in higher education and give them a head start on course work.

Starting May 13, the University of Maine will offer summer courses tuition-free to qualified high school students. Classes are taught by UMaine faculty and meet general education requirements of the University of Maine System, as well as the majority of colleges nationwide. Students across the



Group photo of the 2018 fall orientation.

state will benefit from the flexibility and variety of live (in Belfast and Orono) and online college courses offered this summer. Courses are condensed to a six-week format beginning either May 13 or June 24. Starting in September, the UMaine Academ-e and Aspirations programs will offer a variety of online and live classes for qualified high school students.

Nationally, the demand for early college programs is increasing rapidly. Taking early college classes at UMaine will enrich a student's high school experience, lower future college debt, preview what it's like to be in college, and save money by earning college credit while still in high school.

Interested students and parents are encouraged to contact UMaine Early College Program Coordinator, Allison Small, at 207.581.8004 or um.earlycollege@maine.edu to learn more about the application process.



# **Tuition-Free College Courses For Qualified High School Students**

University of Maine, Orono • UMaine Hutchinson Center, Belfast • Online umaine.edu/earlycollege/courses



# For more information Allison Small, Early College Program Coordinator

The University of Maine is an EEO/AA employer, and does not discriminate on the grounds of race, color, religion, sex, sexual orientation, transgender status, gender expression, national origin, citizenship status, age, disability, genetic information or veteran's status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding non-discrimination policies: Sarah E. Harebo, Director of Equal Opportunity, 101 North Stevens Hall, University of Maine, Orono, ME 04469-5754, 207.581.1226, TTY 711 (Maine Relay System).

um.earlycollege@maine.edu • 207.581.8004

# Helping Hands Trade School offers a chance to start a career in the job growth area of health care

elping Hands Trade School courses are oriented to career positions that will need to be filled in the Maine and national job markets.

Those already in the health care field can also take advanced courses of instruction, leading to a higher degree of expertise in certain careers.

### **STUDENT BENEFITS**

Helping Hands offers central Maine residents a chance to start a new career in the ever-expanding job growth area of health care.

Helping Hands offers ongoing classes in the health care field. These courses are designed or both entry-level positions and advanced training in specific occupations.

The State Approving Agency for Veterans' Education Programs acknowledges the CNA and CNA-M programs have been approved for persons eligible for Veterans Administration Educational Assistance.

# **UPCOMING 2019 PROGRAMS**

- Certified Nursing Assistant
- Dental Assisting
- · Phlebotomy

**PRACTICE:** Classroom training provides opportunities for practice of a new skill while having your instructor and fellow students available to assist in troubleshooting, problem solving and providing constructive feedback. Without hands-on training in phlebotomy, you have no way of learning new skills and what it takes to effectively and efficiently perform the job.

**LEARNING FROM OTHERS:** Learning from others is the key to success in a clinical work environment. Because everyone learns differently, it is important to gain insight from each other to become skilled.

# LOCATIONS:

### Waterville

32 College Avenue, Suite 104 Waterville, ME 04901 800-777-8976 207-873-0011

# Lewiston

571 Sabattus St Suite 2 Lewiston, ME 04240 877-449-4694 207-777-5294

For more information visit helpinghandsmaine.com.



# Helping Hands Trade School Launching Healthcare Careers since 1994

32 College Ave. Suite 104, Waterville • 1-800-777-8976 • 207-872-9075 www.helpinghandstradeschool.com

# — UPCOMING 2019 PROGRAMS —

Certified Nursing Assistant (180 hours) ......\$1050

9/3/19 thru 12/19/19 Tues. & Thurs. 4 p.m. to 8 p.m.

Adaptability: With in-class training, instructors are able to adapt their lectures and hands on training based on the proficiency of the students.

**Practice:** Classroom training provides opportunities for practice of a new skill while having your instructor and fellow students available to assist in troubleshooting, problem solving and providing constructive feedback. Without hands on training in phlebotomy, you have no way of learning new skills and what it takes to effectively and efficiently perform the job.

**Learning from others:** Learning from others is the key to success in a clinical work environment. Because everyone learns differently, it is important to gain insight from each other to become skilled.

Payment plans available. Clinical dates and times to be announced





# 50 Years of "Sounds of Success" from KVCC

hen you are on the campus of Kennebec Valley Community College, the sounds of success are everywhere. From the hammers and saws being used in the construction program, to the tear of velcro blood pressure cuffs in the medical courses, welders cutting metal in the trades area – these are the sounds of the hopes and dreams being forged every day at KVCC.

KVCC's faculty and staff encourage students of all ages and interests to pursue their dreams and are focused on student success in the more than 30 programs offered at the colleges two campuses.

President Richard Hopper shares in his welcome to the college: "Classes and support services are designed to help students meet their academic, professional and personal objectives. This focus on students means that KVCC is an ideal place for all types of people those starting college directly from high school or those entering college after many years away from an academic setting. Our student body comes from a wide variety of backgrounds, whether traditional students, single mothers, war veterans, disabled students, unemployed adults, or folks simply wanting a change after years on the job. The range of student experiences brings a richness to the campus culture and classroom dynamic. Whatever your situation, we are here to assist you in getting started, making sure you feel welcome, and guiding you all the way to graduation and beyond."

Celebrating its 50th year, the college continues to add unique programs in demand for the area and leading to high job placement rates. KVCC is also accessible and affordable, offering the opportunity for students to acquire or hone skills to enter the job market immediately, or to transfer to four-year institutions to complete degrees in multiple fields.

Not able to attend classes during the day, due to a current job, or other commitments? KVCC offers part-time, online, night and off-campus classes and a schedule to fit your busy lifestyle.



The Sustainable Construction program now offers two different one-year certificates designed for those who are eager to jump right into entry level positions or as a direct pathway toward the associate in applied science degree. Students may choose to earn either the certificate in framing and craftsmanship or the carpentry and building science certificate.

Think you can't afford to attend classes due to financial concerns? KVCC offers the lowest tuition rates in the State of Maine. Last year, over 80 percent of the full-time students qualified for comprehensive financial aid packages that helped make attendance possible. Many part-time students also qualify for financial aid packages and assistance. In addition to on-site recruiters, KVCC has Equal Opportunity Programs, administrative support and guidance support to help students succeed. Students may also work with representatives of the federal TRIO Student Support Services program in their path toward a degree.

Need a location closer to home? KVCC has announced the creation of a satellite campus at the Buker Community Center at 27 Armory Street in Augusta, where KVCC had previously served more than 200 students from the fall of 2005 until 2011.

"The Buker Center provided a great space for our students to take classes and opened the door for new enrollment at the College. We are back!" said Karen Normandin, KVCC's VP of Student Affairs, Public Relations and Enrollment Planning.

Having a location in Augusta means that students in the greater Augusta area

"Whatever your situation, we are here to assist you in getting started, making sure you feel welcome, and guiding you all the way to graduation and beyond."

PRESIDENT RICHARD HOPPER

will have more options for taking KVCC courses without the drive to Fairfield or Hinckley. Some students who live closer to Augusta may find it convenient to pick up an extra evening course at the Center, and from time to time, there are University of Maine at Augusta (UMA) students who are able to find classes at Buker that better fit their schedules. These credits are easily transferred to UMA toward the student's degree program.

Kathryn Englehart, KVCC's Dean of Academic Affairs, said the expansion to Augusta now "helps to serve part of our region, especially toward the coast, which has a significant population."

"Small class size in a very student-focused atmosphere, academic and personal support services, and flexible schedules – a great value proposition." said Normandin. "We are so excited to have this opportunity to return to the Augusta area."

Beginning this May, KVCC will offer classes in Anatomy & Physiology I & II, Survey of Anatomy & Physiology and College Algebra at the Buker Center location.

# Ready to dream?

Then dream big. KVCC wants to help find a way for you to realize your dreams. No more "sounds of silence" – it's time to share in the "sounds of success" – those found in the welcoming environment that is Kennebec Valley Community College.

For more information, visit *kvcc.me.edu* or call us at 453-5822 (KVCC) – we will help you get started.

# UNIQUE. DISTINCTIVE.

Stands head and shoulders above the rest...

That's what employers say about KVCC graduates.

# **KVCC** has:

- **☑** Over 30 academic programs
- The lowest tuition in the State of Maine
- Two campuses with state-of-the-art facilities
- Transfer opportunities to 4-year colleges/universities
- Academic excellence and student support

# KVCC

KENNEBEC VALLEY
COMMUNITY COLLEGE

www.kvcc.me.edu

Come See What We're All About! enrollment@kvcc.me.edu

For more information, please call Enrollment Services at 453-5822 (KVCC)

# KVCC students

are provided with an outstanding educational experience – in a welcoming environment, at an affordable price.

**The result?** Graduates who enter the work force well-equipped, well-rounded, and ready to take on whatever the future has to offer.

# Come GROW with us!

Whether you're looking to pursue an interest in culinary arts, master the art of construction – or any number of other options, we've got the program for you!

From welding to lineworker technology to nursing or psychology degrees – KVCC offers it all. Our transferable courses, two beautiful campuses, and small class environment gives students the setting for success.

Our admission process is quick and easy
- and Pell Grants and other financial aid
assistance makes getting an education more
affordable than ever. Give us a call today,
and begin "seeding" your future!

1969-2019

**KVCC** 50th ANNIVERSARY

Photo Courtesy of Teresa Smith







